

essential for fostering a socially responsive and ethically grounded language learning environment.

In sum, while the wartime context imposes substantial constraints on social interaction, it also foregrounds the vital role of language education as a medium for connection, expression, and resilience. Understanding and addressing the social dimensions of online language learning is thus indispensable to ensuring both academic success and psychosocial support for learners in crisis.

The psychological peculiarities of teaching foreign languages online during the war in Ukraine reflect a complex interplay of cognitive overload, emotional distress, and motivational decline. Recognizing and addressing these challenges is essential for maintaining effective educational practices in crisis conditions. Future research should focus on assessing the long-term impact of war on language acquisition and exploring innovative pedagogical approaches that enhance psychological resilience in online learning environments. The application of trauma-informed educational strategies, cognitive load management, and motivational reinforcement can contribute to the sustainability of foreign language education in conflict-affected regions.

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THE HEART OF EDUCATION: THE ENDURING ROLE AND EVOLVING CHALLENGES OF MODERN TEACHERS

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The profession of a teacher cannot be chosen by chance. A person thinks for a long time about what profession they should choose, and the decision to become a

teacher is a significant step into the future for many people. After all, it is the teacher who guides the younger generation to knowledge and helps them prepare for the future. It is important not only to impart knowledge correctly, but also to do so in such a way that the child understands the material, wants to learn it and can apply it in the future.

Therefore, a teacher should be a responsible person who is aware of what he or she is doing when choosing this profession. It is important that a teacher is a competent specialist with experience and understanding of the characteristics of the younger generation, able to find a common language with them and build relationships in a way that earns their respect and attention. A modern teacher should not only teach, but also allocate time for their own self-development and professional growth. Even after decades of teaching, a teacher continues to learn and improve.

Education is the engine of the country's economic growth, so this sphere of life is constantly evolving and requires the introduction of new innovations.

How can you become a more effective teacher and learn how to communicate information to children in an accessible way?

This is not an easy task, but with the right amount of effort and constant striving for improvement, it is quite doable

The key to success is a love of teaching and a sincere desire to share the results with students. A teacher should be passionate about their profession and understand how to adapt the material for different age groups: primary school children, teenagers and students. The ability to find an individual approach allows a teacher to ensure that students understand the material and maintain their interest and motivation to learn, despite different life situations.

Another important aspect is to constantly update your knowledge and broaden your professional horizons. A modern teacher should keep abreast of current changes and trends in the field of the subject they teach. This includes searching for new information, creating interesting learning materials and using them creatively in the classroom. This approach helps to make the learning process more interesting and informative.

It is also necessary to ensure the level of training of students. If a pupil or student does not know the basic rules on a topic, it is important to start with simple and understandable basics related to what is studied at school. This will lay a solid foundation on which to build more complex concepts and ideas.

The ability to respond to the level of students' perception, adaptability and flexibility make a teacher truly successful. Striving for continuous growth and improvement of your methods allows you to keep up with the demands of the times and effectively prepare the younger generation for the future.

Friendly attitude to students as the basis of education Children and teenagers are acutely aware of their teacher's emotional state. Any feeling of fatigue, irritability or bad mood inevitably affects the classroom atmosphere. Even in crisis situations involving a global teacher, care should be taken with regard to the economic process so as not to have a negative impact on the environment.

A good teacher always treats each of his students with kindness, love and sincere interest. It is this environment that allows children to develop positive qualities: confidence, responsibility and openness to new things. When a teacher shows respect and attention, students feel valued and ready for productive learning.

However, not all children perceive the material in the same way. Some of them withdraw from the topic due to difficulty in understanding it or the wrong attitude on the part of the teacher. They begin to lose interest in learning because of negative attitudes towards school and new teachers, even if they have not yet experienced them.

It is especially dangerous when a child develops a fear of the teacher. In some cases, if the teacher has been pressured with his or her behaviour or words for a long time, this can lead to a real hysteria or tears at the first sight of the teacher. The student's emotional state becomes so soft that every contact with such a teacher turns into stress and a desire to leave the classroom.

To avoid such a situation, it is important to remember that an ideal teacher is one who maintains composure and correctness under any circumstances. Tolerance for mistakes in the basics, support and willingness to listen are the basis of a healthy

classroom atmosphere. This is the only way to unlock children's abilities and help them reach their potential.

An individual approach plays a key role. Each child has his or her own peculiarities of perception, so the ability to adapt the material pedagogically is the key to learning. This allows each student to feel understood and motivated.

The desire for friendliness and understanding makes a teacher both a favourite and an effective mentor for his or her students.

Explanations should be simple and understandable for children in particular:

A foreign language is needed in order to:

- Study at universities in Europe and around the world.
- Travelling and communicating with people in other countries.
- Work for international companies or do business around the world.

Health basics help you to:

- Understand how to eat, exercise and stay healthy.
- Coping with various life difficulties and stress.

Law teaches:

- To know your rights, freedoms and responsibilities.
- To understand how to protect your rights with the help of laws.

Economics helps to understand:

- How to earn and spend money wisely.
- How shops, banks and businesses work.

Computer science teaches:

- How to use computers and different programs.
- How to create websites, games and even apps.

Creating a safe environment. Teachers need to be able to provide a safe environment for students where they can feel comfortable and confident knowing that they will be heard. A child's mental health largely depends on how they perceive their teacher: whether they feel anxious, panicked or anxious, or, on the contrary, calm, confident and friendly.

In addition, many children are afraid of being told their grades in class, especially if they received a low grade. This can cause stress or even bullying by peers. Aggressive behaviour by teachers can also undermine children's trust and self-confidence. Therefore, an important task of the teacher is to create an atmosphere in which students can express their opinions without fear, accept constructive criticism and feel supported even if they make mistakes.

Mastering new technologies. Distance education has changed the approach to teaching forever. Teachers had to master new programmes and resources for online lessons. Nowadays, a teacher must not only know how to use a computer, but also work effectively with devices such as an interactive whiteboard and multimedia panels.

Modern children perceive information in electronic format better, so it is important to use modern technologies: create creative projects, educational games and lessons with elements of virtual reality and artificial intelligence. Teachers need to be in trend and keep up with their students by mastering new digital tools.

Teaching children during the war in Ukraine. In Ukraine, the situation has become more complicated due to the war, which has forced many schools to switch to distance learning. This creates additional difficulties for children and students: they do not have the opportunity to approach the teacher in person and ask questions. Many children have difficulty understanding the material, and support from teachers becomes limited.

For students, it is especially important to feel attention and support in such conditions. Teachers are trying to adapt teaching methods, but lack of resources and emotional stress have an impact on the learning process. Developing additional materials and creating conditions for online interaction with the teacher can help solve these problems.